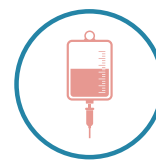


IV THERAPY PACKAGES



MEMBER / PUBLIC



GUT HEALTH BASIC

\$115 / \$140

A combination of B-complex, B-12, vitamin C, and biotin that may work to reduce gut inflammation and replenish depleted vitamin & nutrient levels that result from gut inflammation.

GUT HEALTH MAX

\$165 / \$190

All components of the Gut Health Basic PLUS Glutathione & Zinc to support greater gut healing, detoxification, and antioxidation.



THYROID HEALTH

\$115 / \$140

A combination of magnesium, B-complex, B-12, zinc, and hydration that may work to optimize thyroid function and relieve related symptoms.



MITOCHONDRIAL HEALTH (REQUIRES RX)

\$175 / \$210

IM injections of NAD+* and coenzyme Q10, and an IV combination of magnesium, B-12, and B-complex. May work to repair mitochondrial function, optimize energy production, and reduce oxidative stress.

*First NAD+ Injection requires MD/PA Consultation

+\$75 / +125

Recommended add-on: Alpha Lipoic Acid

DETOXIFICATION

\$200 / \$240

A combination of glutathione, vitamin C, B-complex, B12 and magnesium that may promote liver detoxification, cleanse the body of toxins (like metals, plastics, pesticides, etc), and optimize all systems. Add NAD+ for significantly added benefit.

Recommended add-on: NAD+ and/or Alpha Lipoic Acid

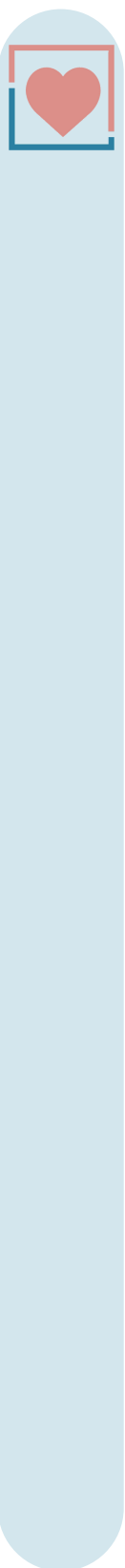
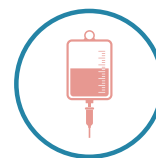


WOMEN'S HORMONE HEALTH

\$115 / \$140

A combination of B-complex, B12, zinc, and magnesium that may optimize hormone function and elimination. This is also great for women taking birth control pills who may experience deficiencies in these nutrients as a result.

IV THERAPY PACKAGES



MEMBER / PUBLIC

IMMUNE SUPPORT BASIC

\$140 / \$170

A combination of vitamin C, B12, and zinc that may work to boost your immune system and optimize your ability to fight infection.

IMMUNE SUPPORT MAX

\$215 / \$260

All components of Immune Support Basic PLUS glutathione, magnesium, and B-complex, which may further optimize all body systems and work to fight off any infection.

Recommended add-on: NAD+ and/or Alpha Lipoic Acid

WEEKEND WARRIOR

\$150 / \$180

A combination of B-complex, taurine, magnesium, a pain-reliever/anti-inflammatory medication (Toradol), and anti-nausea medication (Zofran) that may relieve headaches, alleviate nausea, help with detox, and replenish your energy and vitamin stores.

Recommended add-on: Glutathione and/or Alpha Lipoic Acid

ATHLETIC PERFORMANCE & RECOVERY

\$135 / \$160

A combination of tri-amino blend, magnesium, taurine, vitamin C, and the maximum dose of B-complex vitamins that may work to optimize muscle recovery, mitigate soreness, and get you back on your feet faster.

AUTOIMMUNE SUPPORT

\$190 / \$230

A combination of B-complex, B-12, vitamin C, and glutathione that may reduce inflammation, improve autoimmunity, and enhance cellular functioning.

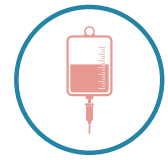
Recommended add-on: NAD+

ALLERGY RELIEF

\$150 / \$180

A combination of vitamin C, B12, and an anti-inflammatory steroid medication (Dexamethasone) that may work to curb your inflammatory response to allergens and get you back to enjoying your favorite seasons.

IV THERAPY PACKAGES



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\$150 / \$180



GI UPSET/ FOOD POISONING

A combination of anti-nausea medication (Zofran), acid-reducing medication (Famotidine), vitamin B-12 and vitamin C to help support immune and gut function.



WEIGHT LOSS

\$140 / 170

An IM injection of Methionine Inositol Choline (amino acids that may improve fat usage and increase metabolism), and an IV of taurine, B-complex, B-12, and biotin.

Recommended add-on: Alpha Lipoic Acid



OPTIONAL IV & IM ADD-ONS:

NAD+

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INITIAL 100MG NAD+ INJECTION (INCLUDES MD/PA CONSULT & RX):

\$75 / \$200

• **SUBSEQUENT INJECTIONS:**

- **100mg NAD+**
- **150mg NAD+**
- **200mg NAD+**

\$75 / 100

\$100 / \$125

\$125 / \$150

NAD+ (nicotinamide adenine dinucleotide) is an essential cofactor in various cellular processes that may reverse heart disease, reduce blood pressure, lower brain inflammation, prevent brain fog, protect against neurodegenerative diseases, improve skeletal muscle function, optimize metabolism, and improve sleep cycles.

NAD+ plays a vital role in the ATP (energy) production within every cell's mitochondria (the powerhouses of our cells). Mitochondrial dysfunction is associated with over 40 major diseases, including type 2 diabetes, cancer, Alzheimer's and other neurodegenerative diseases, and even the overall aging process. Anything we can do to improve our mitochondrial function, including boosting NAD+ levels, may reduce our risk of developing these diseases and combat the effects of aging.

POTENTIAL BENEFITS

- May enhance healthspan and extend lifespan
- May boost strength and physical performance
- May help with weight loss
- May delay neurodegenerative diseases
- May Improve blood vessel function and blood flow while reducing elastic artery stiffness
- May Reduce oxidative stress and inflammation, which are linked to serious diseases like cancer
- May Protect vital organs like the liver and kidneys
- May Support immune system

REFERENCES:

Trends Endocrinol Metab. 2012 Sep; 23(9): 420-428.



OPTIONAL IV & IM ADD-ONS:

MEMBER / PUBLIC

VITAMIN C

\$20 / \$25

Vitamin C is an essential vitamin that helps form collagen in skin, cartilage, teeth, bones, and tissue repair. It is also crucial in fighting infection and lowering inflammation. *Possible uses: Immune support for infections, radiant skin, scar/wound healing (i.e., from surgery), iron absorption, general wellness, autoimmune support, detox.*

VITAMIN B-COMPLEX

\$20 / \$25

B vitamins aid in cellular repair and energy production. The individual functions, which work together to achieve desired effects, are described below. *Possible Uses: general wellness, fatigue, brain fog, autoimmune disease, nausea and vomiting, replacement of B vitamins if a heavy alcohol user or malnourished, detox.*

- **Vitamin B1 (Thiamine)** plays a vital role in metabolism and the immune & nervous systems.
- **Vitamin B2 (Riboflavin)** is a powerful antioxidant that helps maintain healthy blood cells and boost metabolism.
- **Vitamin B3 (Niacin)** plays a critical role in the proper functioning of the nervous and digestive systems. It is a precursor of NAD+ and helps increase its production.
- **Vitamin B5 (Pantothenic Acid)** is involved in energy production, metabolism, and adrenal function.
- **Vitamin B6 (Pyridoxine)** is essential for mental health. It also directly affects immune function and can help alleviate symptoms of nausea (especially in pregnant women).

BIOTIN

\$20 / \$25

Biotin is a vitamin essential for metabolizing carbohydrates, fats, and amino acids. *Possible Uses: bone, hair, and nail health, boosting metabolism.*

VITAMIN B12 (METHYLCOBALAMIN OR CYANOCOBALAMIN)

\$20 / \$25

Vitamin B12 supports metabolism, helps make red blood cells, DNA, and RNA, and supports energy and nerve cell health. A leaky gut will impede its absorption. *Possible Uses: general wellness, mental health, anemia, autoimmune disease, increased metabolism.*

VITAMIN D

\$20 / \$25

A fat-soluble vitamin that may work to strengthen bones, support the immune system, optimize mental wellness, and increase energy.

COENZYME Q10

\$25 / \$35

Coenzyme Q10 is essential in energy production. It's a powerful antioxidant that helps prevent damage to DNA, protein, and lipids. Statin medications for cholesterol will lower CoQ10 levels. *Possible Uses: chronic fatigue, diabetes management, migraine management, mental & physical energy boost.*



OPTIONAL IV & IM ADD-ONS:

MEMBER / PUBLIC

GLUTATHIONE

\$25 / \$35

Glutathione is essential for removing toxins, is required for DNA and RNA production, and helps prevent cell damage. Possible Uses: general wellness, immune support, hangover recovery, skin health, detoxification, reducing fatigue.

MAGNESIUM

\$20 / \$25

Magnesium is essential in over 300 chemical reactions in the body. Possible Uses: Overall wellness, migraine prevention and management, mood issues, pain disorders, hormone balancing, detoxification, relaxation of muscles, anxiety, lowering blood pressure, bone health, and management of bronchospasms associated with asthma.

TAURINE

\$20 / \$25

Taurine is an amino acid that has demonstrated significant anti-inflammatory and energy-boosting effects. Taurine supplementation may support better physical function and cognitive performance. Possible Uses: ENERGY! Also, anti-inflammatory.

ZINC

\$20 / \$25

Zinc is an essential micronutrient for immune function, making DNA, and stabilizing cells. Possible Uses: general wellness, mental health, immune support, reducing hair loss, improving skin health, and slowing bone loss in osteoporosis.

METHIONINE/INOSITOL/CHOLINE (MIC)

\$25 / \$35

MIC is a combination of amino acids that stimulates the liver to increase metabolism. It may also increase energy levels, support weight loss through appetite suppression, increase serotonin, and support healthy functioning endocrine, cardiovascular, and hepatic systems. This formula is given regularly in weight loss clinics and referred to as "fat-burning" injections. Possible Uses: Energy, fat burning, appetite management, boosting metabolism.

ALPHA LIPOIC ACID (ALA)

\$50 / \$60

ALA is a potent antioxidant that may help with detoxification, immune function, and removing metals from the body. It is a native substance to the body that may improve insulin sensitivity & glucose levels, especially in type 2 diabetes. It increases skeletal muscle uptake of glucose and glucose disposal. ALA may also assist in reducing burning, pain, and numbness in neuropathic (nerve) diseases.

ADDITIONAL LITER OF FLUID

\$45 / \$55

Fluids can be life-saving if one cannot consume liquids orally due to food poisoning or nausea & vomiting. We'll give an additional liter of Normal Saline or Lactate Ringers for extra hydration if needed.